

Oriental Ecstasy in Miami

Text: Saroni Roy
Photos: The Spa, Mandarin Oriental, Miami

Tucked in the luxurious Brickell Key, embraced in lush green plantings, the softly lit spa suites styled with dark granite and rich wood, The Spa at Mandarin Oriental, Miami hotel is a three-level sanctuary of divine bliss, overlooking the Miami River!

Established in February 2001, The Spa at Mandarin Oriental, Miami, is the first Spa in Florida to be awarded Five Stars by the prestigious Mobil Travel Guide.

Architecture & Decor

The 15,000-square-foot spa features 17 private treatment rooms that each use natural textures such as bamboo, rice paper, glass and natural linens to achieve a harmonious and balanced design. Six stunning suites, located on the top floor of the spa, offer the ultimate spa experience.

Two of the spa's spacious, split-level Mandarin Suites include a personal multi-jet tub overlooking the tranquil water of Biscayne Bay, two are custom-designed for Thai massage, and two are especially designed for couples wishing to share their experience. Each of the treatment suites reflects their own personal and absorbing sense of place.

Complementing an exclusive selection of treatment rituals that have been designed to de-stress, relax, and revitalize are The Spa's harmonious design elements, inherent to Mandarin Oriental's exotic mystique, worldwide.

Spa Philosophy

Adopting a different approach to the traditional spa experience, The Spa offers a series of innovative and restorative treatments inspired by the elements of nature, and the ancient traditions of Chinese, Ayurvedic, European, Balinese and Thai cultures.

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Spa Team

Osa Mallo, Spa Director
Johanna Pardo- Training Manager
Stephanie Menendez - Spa Sales Manager
Hirsch Bedner & Associates - Interior Designer

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Open daily from 8:30 am-9:30 pm.; Fitness Center is open 24 hours. www.mandarinoriental.com



Want Your Spa To Be Accredited?

Since 1958, Mobil Travel Guide's ratings process has been most rigorous and comprehensive in the industry. The process begins with a facility inspection that considers every aspect of the property, including its overall cleanliness, condition and location. To achieve Mobil Travel Guide Five-Star status, properties must exceed Mobil Travel Guide's bar-setting service standards, which are determined through an unannounced, undercover service evaluation conducted by Mobil Travel Guide's expert inspectors.

Must Go For...

Focusing on the individuality of each guest, The Spa at Mandarin Oriental, Miami assesses an individual's needs, making each visit highly personalized. Inspired by work within ancient cultures, The Spa merges techniques and philosophies from around the world into a potent blend of treatments with customized timelines. In addition to the individual treatments, The Spa at Mandarin Oriental, Miami offers full- and half-day packages too.

Journeys

Kundalini Journey — combines advanced massage techniques with aromatherapy, color and gemstone therapy along with sound therapy to achieve a greater level of physical and mental relaxation (2 hours).

Ayurvedic Holistic Body Treatment — an entire body, scalp and face massage (1 hour and 50 mins).

Life Dance — free flowing joint release and massage, individual to each client to ensure both physical and mental release (1 hour and 50 mins).

Oriental Harmony — two therapists work together in a remarkable experience that inspires a harmony of the senses (1 hour and 50 mins).

Ultimate Body Massages

Thai Massage — Stretching to deeply relax and revitalize body and mind (1 hour and 30 mins/2 hours).

Mandarin Hot Stone Therapy — Massage techniques involving the use of heated basalt stones to relieve deep-seated muscle tension (1 hour and 20 mins).



Spa Exclusives

- Six stunning suites, located on the top floor of the spa, offer the most indulgent spa experience with picturesque views overlooking the waterfront including Mandarin Suite, Oriental Suite and Couples' Suite.
- State-of-the-art Fitness Center fully equipped with cardiovascular equipment.
- Infinity-edge swimming pool and heated Jacuzzi.
- Exclusive male and female sauna and steam rooms.
- Manicure and pedicure facilities.
- Pilates studio, Yoga classes, Little Yoga, Tai Chi, Belly dancing and personal training available.
- Outdoor massages for singles and couples performed in private cabanas at Oasis Beach Club.
- Innovative Spa cuisine menu served in poolside cabanas.
- Unique Thai Massage Academy offers classes and certification for individuals and couples wishing to explore the ancient art of Thai massage.
- Exciting teen offerings from fun, sparkly manicures and pedicures, to refreshing facials and professional make-up application.

